

KEKS Project/Group Questionnaire

Hi!

You have participated in some kind of project or group activity!

It might have been a girls-/boys-group or maybe you arranged a music event or a camp together, ran a café, operated a youth centre, or...

A group can of course also run a project, for example: A girls group that decide that they want to go on a camp and therefore arrange a music event to raise money.

Regardless of what you have done we want to know how YOU think it has been.

To us it is important that you have been able to influence the activities that you have been taking part in. Through this questionnaire, we will find out if this is the case, or if there is something we need to improve.

You respond totally anonymously. No one will be able to see your answers.

After almost every question there is a short explanation, and there is also a separate booklet with explanations to all questions. These are for you to understand what we mean by the question and why we ask them.

To think about when you answer the questions:

- Read the questions carefully
- When you answer, we want you to think about how things have been working out in general/on an average
- If you feel uncertain - ask your youth worker!
- If you feel that you can not answer - mark "I don't know"
- Give your honest opinion! (You will not help us by trying to be "kind")

Good luck!

To be filled in by youth worker:

Name of the group: _____

1. How many group-questionnaires have you filled out, this one included?

(During the period November 10, 2018 to November 9, 2019)

1

2 – 4

5 or more

2. What has been the purpose of your group? What did you want to do/achieve?

Here are six questions about the way in which you participated in the project/group:

3. I have been involved in/took part in creating the idea that led to the starting of our group.

Yes No I do not know

Answer "Yes" if you, by yourself or together with some friends, came up with the idea/proposal that made you start the project/group.

Answer "No" if it was someone else that came up with the idea/proposal that made you start the project/group.

4. I took part in the planning process.

Yes No I do not know

Answer "Yes" if you took part in discussions about how things should be done, who should do what and similar questions in order to make your ideas come true. Youth workers could of course have assisted you.

Answer "No" if you did not take part in the planning process.

5. I took part in applying for money.

Yes No I do not know

Answer "Yes" if you, by yourself or together with some friends, took part in applying for money in order to finance your ideas/suggestions. It's ok if you didn't write it yourself, but was involved in the discussion about what to write. Youth workers could of course have assisted you.

Answer "No" if it was others that saw to that your ideas got financed.

6. I took part in preparations.

Yes No I do not know

Answer "Yes" if you, by yourself or together with friends, have prepared food, equipment or facilities or if you have taken part in any other form of practical preparations. Youth workers could of course have assisted you.

Answer "No" if others did all the practical preparations.

7. I participated and took responsibility when we carried out our idea/activity.

Yes No I do not know

Answer "Yes" if you have been responsible for the realisation of some part of your group's activities. You could, for example, have worked in a café during a disco or been chairing a meeting.

Answer "No" if you did not have any specific task/responsibility when the idea/activity was carried out.

8. I took part in evaluation.

Yes No I do not know

Answer "Yes" if you have been taking part in discussions on how things turned out; about what went well, what did not and why.

Answer "No" if you have not been involved in such discussions.

9. How many members have you been in your project/group?

- 1 person (Proceed to question 15)
- 2 – 7 persons (Proceed to question 10)
- More than 7 persons (Proceed to question 10)

Here follow some questions about how you think it was when you met in your group.

We want to know to what degree do you agree with various statements about how it was when you met. Mark "I do not know" if you do not know or if you feel that the question does not match/apply to the activity you took part in.

10. The atmosphere is good when we meet.

- Always true
- Usually true
- Sometimes true
- Rarely true
- Never true
- I do not know

Good atmosphere means that everyone involved is nice to others, and that you do not have to worry about someone being rude.

11. I can be myself when we meet.

- Always true
- Usually true
- Sometimes true
- Rarely true
- Never true
- I do not know

Being oneself means that you do not feel that you have to be different or think differently from when you are by yourself. It also means that you feel respected for the one you are regardless of age, gender, background, sexual orientation or, for example, disability. In a good group, differences are an asset.

12. I contribute with ideas and suggestions when we meet.

- Always true
- Usually true
- Sometimes true
- Rarely true
- Never true
- I do not know

It is important that everyone contributes with their knowledge and experiences to the project/group. We think that everyone, if they get the right support and encouragement, has ideas that can make things better.

13. The other young persons in the group take me, my thoughts, feelings and ideas seriously.

- | | |
|--------------------------------------|-------------------------------------|
| <input type="radio"/> Always true | <input type="radio"/> Rarely true |
| <input type="radio"/> Usually true | <input type="radio"/> Never true |
| <input type="radio"/> Sometimes true | <input type="radio"/> I do not know |

To be taken seriously means that you feel that others really listen to what you have to say, try to understand what you mean and interpret it positively. No one should feel that his or her feelings and opinions do not count, are forgotten or get laughed at.

14. When we are to make decisions or do something together everyone's opinion is equally important.

- | | |
|--------------------------------------|-------------------------------------|
| <input type="radio"/> Always true | <input type="radio"/> Rarely true |
| <input type="radio"/> Usually true | <input type="radio"/> Never true |
| <input type="radio"/> Sometimes true | <input type="radio"/> I do not know |

For a group to function well it is important that some young people or youth workers do not count for more, that you listen to everyone and decide/do what you consider best, regardless of who said it. This is what is called democracy.

15. I think that I have learned new things / have got new experiences while participating in our group.

- Yes (Proceed to question 16)
- No (Proceed to question 18)
- I do not know (Proceed to question 18)

We think things become more enjoyable if you feel that you learn new things and get new experiences while you are doing them. You might, for example, have become better at cooperating, taking responsibility or talking in front of a group. It might also be that you discovered new cultures or dared to do things you have never dared before.

16. I think that I have become better at:

	A lot	Quite a lot	Some	A little	Not at all	I don't know
Expressing myself	0	0	0	0	0	0
Communicating with others	0	0	0	0	0	0
Cooperating	0	0	0	0	0	0
Taking responsibility	0	0	0	0	0	0
Handling conflicts	0	0	0	0	0	0

17. Taking part in this group has made me

	A lot	Quite a lot	Some	A little	Not at all	I don't know
More aware of myself and how I act	0	0	0	0	0	0
Improve my self-esteem	0	0	0	0	0	0
Feel more confident	0	0	0	0	0	0
Dare things I didn't dare before	0	0	0	0	0	0
Feel more tolerant to others	0	0	0	0	0	0
More open-minded	0	0	0	0	0	0
More positive to formal education	0	0	0	0	0	0
More engaged in society	0	0	0	0	0	0
Live a healthier life	0	0	0	0	0	0
More resilient to negative influences	0	0	0	0	0	0
Feel more positive about my future	0	0	0	0	0	0

18. Have you been in contact with a youth worker who has supported your project/group?

Yes (Proceed to question 19)

No (Proceed to question 24)

19. Me, my thoughts, feelings and ideas are taken seriously by the youth workers.

Always true

Rarely true

Usually true

Never true

Sometimes true

I do not know

To be taken seriously by youth workers means that you feel that they really listen to what you have to say, try to understand what you mean and interpret it positively. No one should feel that his or her feelings and opinions do not count, are forgotten or get laughed at.

20. The youth workers are good at supporting us (young persons) without taking over.

- | | |
|--------------------------------------|-------------------------------------|
| <input type="radio"/> Always true | <input type="radio"/> Rarely true |
| <input type="radio"/> Usually true | <input type="radio"/> Never true |
| <input type="radio"/> Sometimes true | <input type="radio"/> I do not know |

Youth workers are not supposed to fix things for young persons. Their task is to support young people so that they can do things by themselves. Of course, young persons might need help with, for example, transportation. However, it is important that young persons' get to try by themselves, and that they feel that youth workers trust them.

21. It is the young persons and our ideas that determine how things turn out.

- | | |
|--------------------------------------|-------------------------------------|
| <input type="radio"/> Always true | <input type="radio"/> Rarely true |
| <input type="radio"/> Usually true | <input type="radio"/> Never true |
| <input type="radio"/> Sometimes true | <input type="radio"/> I do not know |

We think it is important that it is the ideas and thoughts of young persons, and not those of youth workers, that determine how things will turn out. Partly because activities get better and partly because you learn a lot more if it is your own ideas, and not someone else's, that you're trying to realize.

22. If I/we (the young persons) would not have been active and taken responsibility the group/ the activity would not have functioned/taken place.

- | | |
|--------------------------------------|-------------------------------------|
| <input type="radio"/> Always true | <input type="radio"/> Rarely true |
| <input type="radio"/> Usually true | <input type="radio"/> Never true |
| <input type="radio"/> Sometimes true | <input type="radio"/> I do not know |

We think it is important that the young persons feel that it is their responsibility if the group/activity should function/take place or not – this is what makes you take yourself and what you do seriously and to learn something from it.

23. The youth workers have spoken to me about what I have learned through participating in our project/group.

- Yes No I do not know

We think it is important to talk about what you have learned. If you do not, you might not realize/see what you have gotten better at.

At last, a few questions about you.

It is important to us that everyone gets the same treatment and possibilities regardless of gender, age, background and other personal factors. Depending on how you answer the below questions we will be able to see if there are differences regarding how groups and activities are perceived by, for example, boys and girls. If there are such differences we want to be able to do something about it. That is why we ask the following questions.

24. Gender?

- Female Male Non-binary Do not want to answer

25. What school year are you in?

- 6th Class (12 years old when you begin)
 1st year (13 years old when you begin)
 2nd year (14 years old when you begin)
 3rd year (15 years old when you begin)
 I have left 3rd year, but I am not studying
 4th year (16 years old when you begin)
 5th year (17 years old when you begin)
 6th year (18 years old when you begin)
 I am in preparatory class for immigrants
 I am 20 – 25 and study
 I am 20 – 25 and work
 I am 20 – 25 and neither study nor work

26. Is one or both of your parents born outside Ireland?

- Yes
 No
 I do not know

27. Have you got any kind of disability?

It is important that young people with disabilities (for example those that are dyslectic, that need a wheel-chair or have some kind of diagnosis) feel that they can participate on the same conditions as others.

- Yes
- No
- I do not know

28. If you think about your feelings and ask yourself “How do you feel” – What would you answer?

Some young people feel bad and are stressed or anxious due to their situation at home or in school, or due to other reasons. We want all young people to be able to participate and feel safe regardless of how they feel. This is why we ask this question.

- Great
- Good
- Okay
- Not so good
- Bad

HERE you can write a short note if there is something important that we have not asked about and that you feel is important regarding your project/group.

If you have any other thoughts about your group or this questionnaire you are welcome to send us an e-mail at: info@keks.se

Please write “Group questionnaire” in the header.

Thank you!

... for taking your time answering our questionnaire!

Ask your youth worker when you are going to discuss the result together. If you have been at least seven persons who have answered it you will get the result in not more than two weeks.

If you were fewer than that, the results are compiled with other results from other groups and will be presented in the end of each semester (so that no one can figure out what YOU answered).